



*Avon Health Center*



## SUPPORTIVE CARE IN A GRACIOUS SETTING

At Avon Health Center we realize that choosing the best health care facility for a loved one is of the utmost importance to a family's peace of mind.

Our family owned and operated facility has a tradition of caring which began over 60 years ago when we first opened our doors to the residents of the Farmington Valley.

Our dedicated professional staff works diligently to optimize each and every resident's health and quality of life.

*Welcome*





# Avon Health Center



*“It’s a pleasure to visit our mother at Avon Health Center. There are beautiful lounges where we can relax and enjoy each other’s company.”*



## *Convenience & Care*

Avon Health Center has a well earned reputation as a warm and welcoming facility, which is evidenced by our award-winning experienced and professional staff. Our mission is to provide residents with high quality, personalized health care and rehabilitation services in a friendly and caring atmosphere. We are dedicated to ensuring that every resident is treated with dignity and respect. Our residents are assisted and encouraged to maintain the greatest level of independence possible.

Conveniently located near area hospitals, we offer both short-term rehabilitation and traditional long-term care services including:

- A 27 bed short-term rehabilitation wing
- 24-hour nursing care
- Long term care
- Hospice services
- Physician services
- Social services
- Physical, occupational & speech therapy
- Personalized discharge planning

*A Tradition of Caring*

# Caring & Sharing



Our services are designed to promote each resident's optimal level of functioning. Our highly skilled team of medical and nursing specialists is licensed to provide:

- I.V. therapy
- Tube feeding
- Pain management
- Wound care
- Hospice care
- Surgical recovery
- Diabetes management and training
- X-ray and laboratory services
- Non-ventilator dependent pulmonary management
- Consultative services in podiatry, dentistry, psychiatry, optometry, and audiology
- Respiratory services

## Amenities and More

Our residents' quality of life is just as important as their quality of care. Our facility boasts a wonderful array of amenities including:

- Free wireless internet access
- A private cable tv system with an in-house channel for activities, movies and facility calendar.
- Movies shown nightly
- In-house banking services
- Newspaper/mail service
- Pet friendly
- Telephone service
- Restaurant-style dining with home cooked meals in our elegant dining room
- Beauty and barber services
- Gazebo, gardens, and back-yard patio for relaxation and family visits
- Private party and dining rooms for family use
- Seven day a week recreation programs



Our medical and nursing staff includes:

- Nurse Practitioners, Registered Nurses, and Certified Nursing Assistants on duty 24 hours a day
- Physicians and specialists on our Medical Staff who have affiliations with all area hospitals
- A Registered Dietitian for therapeutic diets
- A Care Planning Team of specialists who work together to develop, implement, and monitor the best course of care for each resident





## Rehabilitation Designed for You



Our specialized Rehabilitation Program, under the direction of a Consulting Staff Psychiatrist (a doctor specializing in rehabilitation medicine), is designed to provide advanced therapeutic treatment to individuals who have experienced acute trauma, or illnesses which include:

- Neurological conditions, such as strokes, balance disorders, and Parkinson's Disease
- Orthopedic rehabilitation, including fractures, injuries, and joint replacements
- Amputations and prosthetic rehabilitation
- Accident trauma
- Corrective surgery
- Cardiopulmonary rehabilitation
- Arthritis
- Nutritional deficiencies
- Antibiotic therapy
- Diabetes management



## Insurance Coverage

Avon Health Center is Medicare and Medicaid certified, and contracts with most insurance providers. We coordinate direct billing with most major insurance companies. Our Admissions Director will be happy to guide you through the necessary procedures to ensure coverage.

Our Rehabilitation Staff is available to work with patients on a daily basis to improve the skills needed to participate in daily living, such as personal care, home management and meal preparation, transfer and gait training, therapeutic and balance exercises, restorative feeding, and speech and swallowing retraining programs.

The staff works with each patient to maximize their functional abilities and to assure a smooth transition home. The therapy staff communicates readily with families. We welcome you to join us in our gym to observe your loved one's progress.

Patients and their family members work with our Rehabilitation Team which includes:

- Physician
- Psychiatrist (a physician specializing in rehab)
- Physical and Speech Therapists
- Occupational Therapist
- Dietitian
- Nurse Practitioners
- Registered Nurses and Certified Nursing Assistants
- Social Workers and Discharge Planners

# Rehab with Care

*“The staff that took care of my father were truly angels. Their love and care were truly amazing.”*

*“Thank you for all you do to keep our mother happy, healthy and safe!”*

# Experienced Caring



## *Experienced, Gentle Care*

Avon Health Center is dedicated to preserving the dignity of our residents and giving them the best health care and quality of life possible. Our individualized care plan strives to integrate each resident's prior routines and experiences into their daily routine at our facility. Individuals are encouraged to maintain an active lifestyle and our abundant, diverse recreation programs promote "good old-fashioned fun."

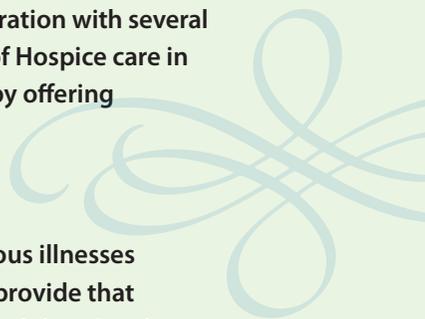
Many families are delighted to visit our residents and find them doing activities they have enjoyed all their lives, but may have gotten away from in recent years. Families are often surprised to find residents trying something new - perhaps oil or watercolor painting for the first time or even a class of Tai Chi. Individual preferences and needs are always considered by our experienced recreation staff.

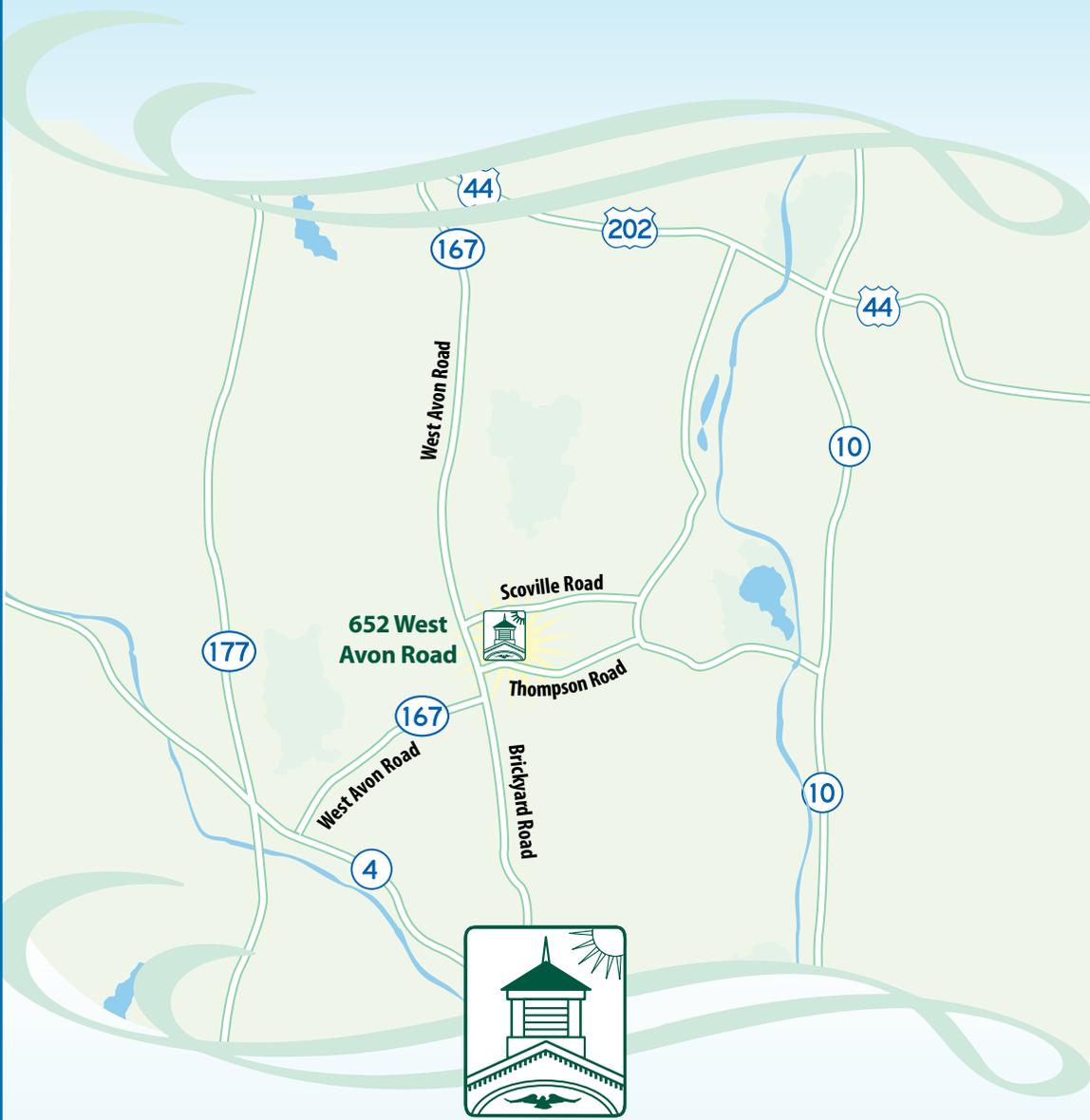
## *Hospice Care*

For those who need specialized medical treatment for end of life care, Avon Health Center offers Hospice services in collaboration with several area Hospice providers. We embrace the philosophy of Hospice care in order to improve the quality of a resident's last days by offering comfort and dignity to them and their families.

## *Palliative Care*

We offer Palliative care if needed for people with serious illnesses to relieve symptoms of pain and stress. Our staff can provide that extra comfort care that will support these residents and their families.





# Avon Health Center

**652 West Avon Road, Avon, CT 06001**

**(860) 673-2521 • Fax: (860) 675-1587**

**[www.avonhealthcenter.com](http://www.avonhealthcenter.com)**

*\* Avon Health Center is a sister facility to  
West Hartford Health & Rehabilitation Center.*

Avon Health Center does not discriminate on the basis of race, sex, color, creed, religion, national origin, handicap, or age in admission, or access or treatment, or employment in its programs or activities.